

7th Annual Sleep Medicine Symposium: What's New Under the Moon
****VIRTUAL MEETING****

Friday, March 19, 2021
(Preliminary Agenda/Subject to Change)

| Friday, March 19, 2021 | | 10:00AM - 3:30PM Eastern Time |
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| 10:00AM - 10:30AM ET | <i>Log On & Virtual Exhibits</i> | |
| 10:30AM - 10:45AM ET | Welcome and Introduction | Karl Doghramji, MD John Lauriello, MD Robert H. Rosenwasser, MD, MBA |
| <i>Moderator: Karl Doghramji, MD</i> | | |
| 10:45AM - 11:25AM ET | <i>Headache and Sleep: The Vicious Cycle</i> Speaker: Stephen Silberstein, MD | |
| 11:25AM - 12:05PM ET | Keynote Lecture: Hypersomnolence Disorders: Diagnostic Challenges and Novel Treatment Strategies Guest Speaker: Michael Thorpy, MD | |
| 12:05PM - 12:50PM ET | <i>Lunch & Virtual Exhibits</i> | |
| 12:50PM - 1:30PM ET | Keynote Lecture: Sleep and Circadian Problems During the Coronavirus Disease 2019 (COVID-19) Pandemic: the International COVID-19 Sleep Study (ICOSS) Guest Speaker: Charles M. Morin, PhD | |
| 1:30PM - 2:10PM ET | <i>Cannabinoids and Sleep: An Update for 2021</i> Speakers: Ritu Grewal, MD; Kimberly Binsfeld, MS | |
| 2:10PM - 2:30PM ET | <i>What's New in the World of Sleeping Pills</i> Speaker: Dimitri Markov, MD | |
| 2:30PM - 3:00PM ET | <i>Break & Virtual Exhibits / Move to Breakout Session</i> | |
| 3:00PM - 3:30PM ET | <u>Breakout Session #1</u> - An Update on Sleep, Diet and Exercise: Myths and Facts Speakers: Cheryl C. Marco, RD; Elie Fares, MD | |
| | <u>Breakout Session #2</u> – Wearables and Sleep: Technical Innovations in the Diagnosis and Treatment of Sleep Disorders Speaker: Richard Friedenheim, MD | |
| | <u>Breakout Session #3</u> – Upper Airway Stimulation Therapy for Sleep Apnea: The Jefferson Experience Speakers: Colin Huntley, MD; Maurits Boon, MD; Ashwin Ananth, MD | |
| | <u>Breakout Session #4</u> - Central Sleep Apnea and Heart Failure: Advances in Management Speakers: Mahek K. Shah, MD; Zhanna Fast, MD | |
| 3:30PM ET | <i>Conference Concludes</i> | |