

6th Annual Sleep Medicine Symposium: What's New Under the Moon
Dorrance H. Hamilton Building * 1001 Locust Street, Philadelphia, PA 19107

Friday, March 22, 2019
(Preliminary Agenda/Subject to Change)

Friday, March 22, 2019		7:00AM - 4:30PM
7:00AM - 7:45AM	<i>Registration, Continental Breakfast, & Exhibits</i>	
7:45AM - 8:00AM	Welcome and Introduction	Karl Doghramji, MD Michael J. Vergare, MD
Session I - <u>Moderator:</u> Karl Doghramji, MD		
8:00AM - 8:45AM	<i>Nocturia</i> Alan J. Wein, MD, PhD (Hon), FACS Founders Professor in Urology Co-Director, Urologic Oncology Program Co-Director, Voiding Function and Dysfunction Program Perelman School of Medicine, University of Pennsylvania * <i>Philadelphia, PA</i> <i>Introduction by Leonard G. Gomella, MD, FACS</i>	
8:45AM - 9:30AM	Sleep and Headache	Stephen Silberstein, MD
9:30AM - 10:15AM	<i>Cannabis, Cannabinoids, and Sleep Disorders</i> Kimberly Babson, PhD Clinical Scientist - Sleep Division Jazz Pharmaceuticals * <i>Palo Alto, CA</i> <i>Introduction by Karl Doghramji, MD</i>	
10:15AM - 10:30AM	Questions and Panel Discussion <i>Moderator:</i> Karl Doghramji, MD <i>Panelists:</i> Kimberly Babson, PhD; Stephen Silberstein, MD; Alan J. Wein, MD, PhD (Hon) FACS	
10:30AM - 10:45AM	<i>Break & Exhibits</i>	
10:45AM - 11:30AM	<i>Sleepy on the Job: Sleep Disorders and Occupational Health</i> Natalie P. Hartenbaum, MD, MPH, FACOEM President and Chief Medical Officer Occumedix * <i>Dresher, PA</i>	
11:30AM - 12:15PM	Novel Pharmacological Agents for the Management of Excessive Sleepiness	Ritu Grewal, MD
12:15PM - 12:30PM	Questions and Panel Discussion <i>Moderator:</i> Karl Doghramji, MD <i>Panelists:</i> Ritu Grewal, MD; Natalie P. Hartenbaum, MD, MPH, FACOEM	
12:30PM - 1:30PM	<i>Lunch & Exhibits</i>	



Session II - Moderator: Karl Doghramji, MD

1:30PM - 2:15PM	<p>Breakout Session #1 – Utilizing the Sleep Laboratory to Determine the Efficacy of Upper Airway Stimulation Therapy <i>Faculty:</i> Maurits Boon, MD; Colin Huntley, MD; Robert Tavella, R.PSG.T, MPH</p> <p>Breakout Session #2 – Central Sleep Apnea and Heart Disease: Evaluation and Management <i>Faculty:</i> Zhanna Fast, MD; Ataul Oureshi, MD</p> <p>Breakout Session #3 – Managing CPAP Noncompliance: Claustrophobia, Anxiety, Mask Leakage, Aerophagia, and Lack of Motivation <i>Moderators:</i> Dimitri Markov, MD; Saoirse Owens, NP; Mary Pollice, NP <i>Panelists:</i> Swetha Nemargommula, MD; Rachna Patel, MD</p>	
2:15PM - 2:30PM	<i>Break & Exhibits</i>	
2:30PM - 3:15PM	<p>Novel Strategies in the Management of Central Sleep Apnea Rami Khayat, MD Professor of Internal Medicine Division of Pulmonary, Allergy, Critical Care, and Sleep The Ohio State University Davis Heart and Lung Research Institute * <i>Columbus, OH</i></p>	
3:15PM - 3:45PM	Sleep Apnea Management in Down Syndrome: Challenges and Opportunities	Mary Stephens, MD
3:45PM - 4:15PM	Sleep and Stroke	John Khoury, MD
4:15PM - 4:30PM	<p>Questions and Panel Discussion <i>Moderator:</i> Karl Doghramji, MD <i>Panelists:</i> Rami Khayat, MD; John Khoury, MD; Mary Stephens MD</p>	
4:30PM	<i>Adjournment</i>	