



**Jefferson**

Philadelphia University +  
Thomas Jefferson University

## 6th Annual Sleep Medicine Symposium: What's New Under the Moon

Dorrance H. Hamilton Building \* 1001 Locust Street, Philadelphia, PA 19107

Friday, March 22, 2019

*(Preliminary Agenda/Subject to Change)*

Friday, March 22, 2019		7:00AM - 4:30PM
7:00AM - 7:45AM	Registration, Continental Breakfast, & Exhibits	
7:45AM - 8:00AM	Welcome and Introduction	Karl Doghramji, MD Michael J. Vergare, MD Robert H. Rosenwasser, MD, MBA
<b>Session I - <u>Moderator:</u> Karl Doghramji, MD</b>		
8:00AM - 8:45AM	<b>Nocturia</b> <b>Alan J. Wein, MD, PhD (Hon), FACS</b> Founders Professor in Urology Co-Director, Urologic Oncology Program Co-Director, Voiding Function and Dysfunction Program Perelman School of Medicine, University of Pennsylvania * Philadelphia, PA <i>Introduction by Leonard G. Gomella, MD, FACS</i>	
8:45AM - 9:30AM	Sleep and Headache	William Young, MD
9:30AM - 10:15AM	<b>Cannabis, Cannabinoids, and Sleep Disorders</b> <b>Kimberly Babson, PhD</b> Clinical Scientist - Sleep Division Jazz Pharmaceuticals * Palo Alto, CA <i>Introduction by Karl Doghramji, MD</i>	
10:15AM - 10:30AM	Questions and Panel Discussion <i>Moderator:</i> Karl Doghramji, MD <i>Panelists:</i> Kimberly Babson, PhD; William Young, MD; Alan J. Wein, MD, PhD (Hon) FACS	
10:30AM - 10:45AM	Break & Exhibits	
10:45AM - 11:30AM	<b>Sleepy on the Job: Sleep Disorders and Occupational Health</b> <b>Natalie P. Hartenbaum, MD, MPH, FACOEM</b> President and Chief Medical Officer Occumedix * Dresher, PA	
11:30AM - 12:15PM	Novel Pharmacological Agents for the Management of Excessive Sleepiness	Ritu Grewal, MD
12:15PM - 12:30PM	Questions and Panel Discussion <i>Moderator:</i> Karl Doghramji, MD <i>Panelists:</i> Ritu Grewal, MD; Natalie P. Hartenbaum, MD, MPH, FACOEM	
12:30PM - 1:30PM	Lunch & Exhibits	



## Session II - Moderator: Karl Doghramji, MD

1:30PM - 2:15PM	<p><b><u>Breakout Session #1</u></b> – Utilizing the Sleep Laboratory to Determine the Efficacy of Upper Airway Stimulation Therapy  <i>Faculty:</i> Maurits Boon, MD; Colin Huntley, MD; Robert Tavella, R.PSG.T, MPH</p> <p><b><u>Breakout Session #2</u></b> – Central Sleep Apnea and Heart Disease: Evaluation and Management  <i>Faculty:</i> Zhanna Fast, MD; Preethi R. Pirlamarla, MD; Gordon R. Reeves, MD, MPT</p> <p><b><u>Breakout Session #3</u></b> – Managing CPAP Noncompliance: Claustrophobia, Anxiety, Mask Leakage, Aerophagia, and Lack of Motivation  <i>Faculty:</i> Dimitri Markov, MD; Saoirse Owens, CRNP; Rachna Patel, MD</p>	
2:15PM - 2:30PM	<i>Break &amp; Exhibits</i>	
2:30PM - 3:15PM	<p><b>Novel Strategies in the Management of Central Sleep Apnea</b>  <b>Rami Khayat, MD</b>          Professor of Internal Medicine          Division of Pulmonary, Allergy, Critical Care, and Sleep          The Ohio State University          Davis Heart and Lung Research Institute * <i>Columbus, OH</i></p>	
3:15PM - 3:45PM	Sleep Apnea Management in Down Syndrome: Challenges and Opportunities	Mary Stephens, MD
3:45PM - 4:15PM	Sleep and Stroke	John Khoury, MD
4:15PM - 4:30PM	<p>Questions and Panel Discussion  <i>Moderator:</i> Karl Doghramji, MD  <i>Panelists:</i> Rami Khayat, MD; John Khoury, MD; Mary Stephens MD</p>	
4:30PM	<i>Adjournment</i>	

### **Commercial Support**

This activity is supported by independent educational grants from Harmony Biosciences, LLC, Merck Sharp & Dohme Corp and VirtuOx Inc.

### **Accreditation Information**

#### **PHYSICIANS**

Sidney Kimmel Medical College at Thomas Jefferson University is accredited by the ACCME to provide continuing medical education for physicians. Sidney Kimmel Medical College at Thomas Jefferson University designates this live activity for a maximum of **7 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **AMERICAN ACADEMY OF FAMILY PHYSICIANS (AAFP)**

This Live activity, 6th Annual Sleep Medicine Symposium: What's New Under the Moon, with a beginning date of 03/22/2019, has been reviewed and is acceptable for up to **7.00 Prescribed credit(s)** by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **NURSE PRACTITIONERS**

This education activity is pending approval by the American Association of Nurse Practitioners of up to 7 contact hours of accredited education.

#### **PHYSICIAN ASSISTANTS**

The American Academy of Physician Assistants accepts *AMA PRA Category 1 Credit(s)*<sup>™</sup>. (<https://www.aapa.org>).

#### **SLEEP TECHNOLOGISTS**

The American Association of Sleep Technologists designates this educational activity for a maximum of 7 AAST Continuing Education Credits. Individuals should claim only those credits that he/she actually earned in the educational activity. Program #A30637.

#### **RESPIRATORY THERAPISTS**

This program has been approved for 7.00 contact hours Continuing Respiratory Care Education (CRCE) credit by the American Association for Respiratory Care, 9425, N. MacArthur Blvd, Suite 100, Irving TX 75063. Course #180928000

#### **DENTISTS/DENTAL HYGIENISTS**

Jefferson is recognized by the PA State Board of Dentistry as a program sponsor for CDE (Subchapter F, Section 33.403). Participants are responsible for appropriate documentation of relevant credit earned.

#### **MEDICAL ASSISTANTS**

The CMA (AAMA) may allow the conversion of *AMA PRA Category 1 Credit(s)*<sup>™</sup>. (<http://www.aama-ntl.org/>).