

# 5th Annual Sleep Medicine Symposium: *What's New Under the Moon*

## SPONSORED BY THE JEFFERSON SLEEP DISORDERS CENTER

*in collaboration with the Jefferson Departments of:*

Psychiatry and Human Behavior

Medicine – Division of Pulmonary and Critical Care Medicine

Otolaryngology – Head & Neck Surgery

Oral & Maxillofacial Surgery

*and the*

Abington-Jefferson Health Neuroscience Institute Sleep Disorder Center

## FEATURED GUEST SPEAKER

**David Nelson Neubauer, MD**

Associate Professor of Psychiatry and Behavioral Sciences

Johns Hopkins School of Medicine

Baltimore, MD

## JEFFERSON COURSE DIRECTOR

**Karl Doghramji, MD**

**REGISTER ONLINE TODAY!**

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# 5<sup>th</sup> Annual Sleep Medicine Symposium

Friday, November 17, 2017

Dorrance H. Hamilton Building, 1001 Locust Street, Philadelphia, PA 19107

This year's symposium was developed in collaboration with Jefferson faculty and renowned national experts from the wide spectrum of medical specialties involved in sleep medicine. Gain key insights on insomnia and sleep apnea treatments, hypersomnia management and movement disorders during sleep.

**Target Audience:** Healthcare professionals specializing in sleep medicine, family medicine, internal medicine, pulmonary/critical care medicine, neurology, psychiatry, psychology, otolaryngology, oral & maxillofacial surgery, and dentistry.

## Key Topics Include: *(see full agenda on website)*

- *Keynote Address* - Novel Developments in the Pharmacological Management of Insomnia
- Alternative Nutraceuticals and Nonprescription Pharmacological Therapeutics for Sleep Disorders
- Cognitive Behavioral Therapy for Insomnia
- Surgical & Medical Weight Management in the Treatment of Sleep Apnea
- Oral Appliances in the Management of Sleep Apnea
- Sleep Related Movement Disorders
- Oral Appliances in the Management of Sleep Apnea

## Choose From 3 Breakout Sessions:

- Surgical Procedures for the Treatments of Sleep Apnea
- Hospital Sleep Medicine: Methodology and Practical Considerations
- Hands-on: The Mosaic of Treatments for Sleep Apnea

**NEW  
THIS YEAR!**  
Pharmacy credits  
will be available!

## REGISTER TODAY!

To register online, or for more information, please visit  
[CME.Jefferson.edu](http://CME.Jefferson.edu)\* or call 1-888-JEFF-CME

\*Registration fees may apply.

### ACCREDITATION INFORMATION

**PHYSICIANS:** Sidney Kimmel Medical College at Thomas Jefferson University is accredited by the ACCME to provide continuing medical education for physicians. Sidney Kimmel Medical College at Thomas Jefferson University designates this live activity for a maximum of **6.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**AMERICAN ACADEMY OF FAMILY PHYSICIANS (AAFP):** Application has for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**NURSES/NURSE PRACTITIONERS:** This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to 6.75 contact hours of accredited education.

**DENTISTS/DENTAL HYGIENISTS:** Jefferson is recognized by the PA State Board of Dentistry as a program sponsor for CDE (Subchapter F, Section 33.403). Participants are responsible for appropriate documentation of relevant credit earned.

**PHARMACISTS:** This activity is eligible for ACPE credit. See final CPE activity announcement for specific details.

**PHYSICIAN ASSISTANTS:** The American Academy of Physician Assistants accepts **AMA PRA Category 1 Credit(s)™** ([www.aapa.org](http://www.aapa.org)).

**SLEEP TECHNOLOGISTS:** AAST CEC Program Application has been submitted for approval.

**RESPIRATORY THERAPISTS:** Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours for respiratory therapists.



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Philadelphia, PA 19107

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