

A close-up photograph of a hand holding a black, round alarm clock. The clock face is white with black numbers and hands. The background is a blurred image of a person in a white lab coat.

3rd Annual Sleep Medicine Symposium: *What's New Under the Moon*

SPONSORED BY THE JEFFERSON SLEEP DISORDERS CENTER

in collaboration with the Jefferson Departments of:
Psychiatry and Human Behavior
Medicine – Division of Pulmonary and Critical Care Medicine
Otolaryngology – Head & Neck Surgery
Oral & Maxillofacial Surgery

FEATURED GUEST SPEAKER

Nancy Collop, MD, FAASM
The Emory Clinic Sleep Disorders Center
Atlanta, GA

Jefferson Course Director
Karl Doghramji, MD

REGISTER ONLINE TODAY!

CME.Jefferson.edu

3rd Annual Sleep Medicine Symposium: *What's New Under the Moon*

Friday, November 20, 2015 | Jefferson Alumni Hall, 1020 Locust Street, Philadelphia, PA 19107

The **3rd Annual Sleep Medicine Symposium** features novel therapeutic and diagnostic tools in sleep medicine, and in-depth presentations on hot topics in sleep disorders, including insomnia, excessive daytime sleepiness and narcolepsy, sleep apnea syndrome and other sleep-related breathing disorders, and sleep-related movement disorders such as restless leg syndrome.

Target Audience: Neurologists, Hospitalists, Internal Medicine, Family Practice, Sleep Physicians, Dentists, Dental Hygienists, Pulmonologists, Psychiatrists, Nurse Practitioners, Sleep Technologists, Allied Health Professionals, Nurses/Nurse Specialists, Respiratory Therapists.

This CME conference offers a unique setting of keynote lectures and panel discussions with world-renowned experts in the field, and breakout sessions with ample opportunity for hands-on experience using novel therapeutic and diagnostic modalities. This combined format will provide insights to participants in applying new knowledge and clinical guidelines in their practices.

Featured Lectures include:

- *Keynote Address from Featured Guest Speaker, Nancy Collop, MD, FAASM: "Diagnostic Innovations in Sleep Medicine."*
- Surgical Advances in the Treatment of Obstructive Sleep Apnea Syndrome.
- Medical Therapies for Sleep Apnea: It's Not All about the Mask Anymore!
- Oral Appliances Come of Age: The Role of Dental Sleep Medicine and Sleep Apnea Management.
- Beyond GABA: Novel Mechanisms in the Pharmacological Management of Insomnia.
- The Sleepy Adolescent: Why Are Our Teens So Tired?
- Management of Excessive Sleepiness, Fatigue, and the Hypersomnias.
- Movement Disorders During Sleep.

Choose From 3 Breakout Sessions:

- Oral Appliances
- Hands-On: Non-Invasive Ventilation, CPAP, and BiPAP
- Hands-On: Home Sleep Testing in Sleep Medicine

Have you heard?

Jefferson Medical College has been renamed Sidney Kimmel Medical College at Thomas Jefferson University, effective June 17, 2014 as a result of an historic and transformative gift from the Sidney Kimmel Foundation.



**Sidney Kimmel
Medical College™**
at Thomas Jefferson University

Office of Continuing Medical Education
1020 Locust Street, Suite M-5
Philadelphia, PA 19107

NON-PROFIT ORG
U.S. POSTAGE
PAID
PERMIT #117
SOUTHEASTERN, PA
19399

REGISTRATION NOW OPEN! To register online, or for further information, please visit CME.Jefferson.edu or call 1-888-JEFF-CME

ACCREDITATION INFORMATION

PHYSICIANS: Sidney Kimmel Medical College at Thomas Jefferson University is accredited by the ACCME to provide continuing medical education for physicians. Sidney Kimmel Medical College designates this live activity for a maximum of **6.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES: Thomas Jefferson University Hospital is an approved provider of Continuing Nursing Education (CNE) by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of **6.75** contact hours will be awarded to participants.

DENTISTS/DENTAL HYGIENISTS: Jefferson is recognized by the PA State Board of Dentistry as a program sponsor for CDE (Subchapter F, Section 33.403). Participants are responsible for appropriate documentation of relevant credit earned.

PHYSICIAN ASSISTANTS: The American Academy of Physician Assistants accepts **AMA PRA Category 1 Credit(s)™** (www.aapa.org).

SLEEP TECHNOLOGISTS: AAST CEC Program Application has been submitted for approval.

RESPIRATORY THERAPISTS: Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours for respiratory therapists.