

3rd Annual Sleep Medicine Symposium: What's New Under the Moon

Jefferson Alumni Hall - Solis-Cohen Auditorium
1020 Locust Street, Philadelphia, PA 19107
Friday, November 20, 2015
(Preliminary Agenda/Subject to Change)

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| Friday, November 20, 2015 | | 7:00AM - 4:15PM |
| 7:00AM - 7:40AM | <i>Registration, Continental Breakfast, & Exhibits</i> | |
| 7:40AM - 7:45AM | Welcome and Introduction | Karl Doghramji, MD Michael J. Vergare, MD |
| Session I: Sleep-Related Breathing Disorders: Advances in Diagnosis and Management <i>Moderator: Karl Doghramji, MD</i> | | |
| 7:45AM - 8:45AM | Keynote Address: <i>Diagnostic Innovations in Sleep Medicine</i> Nancy Collop, MD, FAASM The Emory Clinic Sleep Disorders Center Wesley Woods Health Center * Atlanta, GA | |
| 8:45AM - 9:25AM | CPAP Alternatives and Upper Airway Stimulation for Treatment of Obstructive Sleep Apnea Syndrome | Maurits S. Boon, MD |
| 9:25AM - 10:05AM | Medical Therapies for Sleep Apnea: It's Not All about the Mask Anymore! | Ritu G. Grewal, MD |
| 10:05AM - 10:45AM | Oral Appliances Come of Age: The Role of Dental Sleep Medicine and Sleep Apnea Management | Marlind A. Stiles, DMD |
| 10:45AM - 11:15AM | <i>Break & Exhibits</i> | |
| 11:15AM - 12:00PM | Breakout Sessions (3) Breakout Session #1 - Oral Appliances <i>Moderator:</i> Marlind A. Stiles, DMD <i>Panelists:</i> Stephen Gershberg, DMD; Beth Snyder, DMD Breakout Session #2 - Hands-On: Non-Invasive Ventilation, CPAP, and BiPAP <i>Moderator:</i> Robert Tavella, R. PSG. T, MPH <i>Panelists:</i> Ashley Adams, RRT; Katrina Flemming, RRT; Mary Pollice, MSN, CRNP Breakout Session #3 - Hands-on: Home Sleep Testing in Sleep Medicine <i>Moderator:</i> Ritu G. Grewal, MD <i>Panelists:</i> Dimitri D. Markov, MD; Sharon Curran | |
| 12:00PM - 1:00PM | <i>Lunch & Exhibits</i> | |

| <u>Session II: Innovations in Sleep Medicine</u> <i>Moderator: Karl Doghramji, MD</i> | | |
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| 1:00PM - 1:40PM | Beyond GABA: Novel Mechanisms in the Pharmacological Management of Insomnia | Karl Doghramji, MD |
| 1:40PM - 2:20PM | Movement Disorders During Sleep | Karl Doghramji, MD John Khoury, MD |
| 2:20PM - 2:35PM | <i>Break & Exhibits</i> | |
| 2:35PM - 3:15PM | Management of Excessive Sleepiness, Fatigue, and the Hypersomnias | John Khoury, MD |
| 3:15PM - 3:55PM | The Sleepy Adolescent: Why are our Teens so Tired? | Aaron Chidekel, MD |
| 3:55PM - 4:15PM | Questions and Panel Discussion <i>Moderator:</i> Karl Doghramji, MD <i>Panelists:</i> Aaron Chidekel, MD; John Khoury, MD; Mary Pollice, MSN, CRNP | |
| 4:15PM | Adjournment | |

Have you heard?

Jefferson Medical College is now The Sidney Kimmel Medical College at Thomas Jefferson University! Jefferson Medical College has been renamed The Sidney Kimmel Medical College at Thomas Jefferson University, effective June 17, 2014 as a result of an historic and transformative gift from the Sidney Kimmel Foundation.