

ST. EVERYWHERE CLINIC
Clinic Progress Note

PATIENT: Margaret Jones
DOB: 11/04/1935

MEDICAID: Yes
MEDICARE: Yes

Allergies:

Ms. Jones returns for follow-up; first visit with me. Only concern today is @ shoulder pain - has history of arthritis (hands + knees) ever says @ shoulder pain off + on for over a year. Pain worse in last winter. Celebrex +/- helps now.
Has type 2 DM - BG's at home ~ 150-200's.

PMH: 1) "High Blood" (HTN) - ? when diagnosed
2) Type II DM 3) Claudication
4) Arthritis (OA) 5) Venous stasis

PSH: 1) TAH (BSO in 40's (fibroids??))

PE: WT: 207 BP: 174/101

HEENT: @ Arcus, PERRLA, EOMV, Fund: not seen.
@ ↑ T₄; No ↑ nodes

Lungs: bibasilar crackles only

Cardiac: S₁, S₂ @ S₃? @ S₄

Abcd: @ obese, soft, NT. Ext: 1+ edema

A+P) 1) DM

- Need to recheck hgb A_{1c}
- Consider insulin next visit

2) HTN

- Poor control, target <130/90
- Start Maxzide T po qd
- v Chem-7 urine for protein
- FIV 4 weeks

3) Prevention

- ? last mammogram Pt. says 6 mos ago, ? results.
- Not good candidate for @tnca screening

MEDS:

Lisinopril 20 @D
Diltiazem 360 @D
Metformin 1g @D
Celebrex 200 pm
ASA 325mg @D
Glyburide 10 BID

Social

Lives alone
@ Tob/Etoh

LABS (26 mos ago)

139 | 102 | 22
5.7 | 28 | 1.5

HgbA_{1c} - 8.6

E. Oles