

Advances in Mind-Body Medicine

May 28 - May 30, 2020

Dorrance H. Hamilton Building, Philadelphia, PA

Course Objectives

At the conclusion of this conference, participants should be able to:

- understand the necessary framework for developing a patient-centered approach for integrating mind-body therapies and recommendations based on the latest data
- review the current evidence for topics in mind-body medicine such as roles of various modalities in the treatment of mental health issues, pain management, and stress-related problems
- evaluate the practical integration of these practices into the office visit
- analyze case samples to identify appropriate mind-body treatment modalities
- experiment with multiple mind-body treatment modalities