

*3rd Annual Hypertension Symposium:
Salt, Pseudo-Resistance and Sound Decision-Making*

Friday, November 12, 2021 | Live Virtual Meeting

Course Objectives

At the conclusion of this conference, participants should be able to:

- Describe the pathophysiology and management of salt sensitive hypertension.
- Examine the appropriate and accurate blood pressure monitoring needed in and out of office for diagnosis and management of hypertension.
- Recognize the signs for medication non-adherence and its role as an under-estimated cause of pseudo-resistant hypertension.
- Formulate a practical approach to achieve blood pressure target in patients.
- Discuss the urgency of referral to inpatient management for acute hypertension.
- Appraise prescription medications, over-the-counter substances, illicit drugs, and herbal products and their potential impact in hypertensive patients.
- Recognize individual roles and the roles of others in the healthcare team to interact as a dynamic collective unit in the delivering of health services to patients.
- Employ a communication strategy that merges observations, expertise, and decision-making of the healthcare team to optimize patients' care.