

# **44<sup>TH</sup> ANNUAL EASTERN SHORE MEDICAL SYMPOSIUM**

**Monday - Wednesday, June 21-23, 2021**

## **COURSE OVERVIEW**

This year's Eastern Shore Medical Symposium provides up-to-date content on topics that are relevant in today's practice environment. Primary care physicians, advanced practice registered nurses, and other healthcare team members will engage with experts sharing the latest information in healthcare.

### **The 2021 conference topics include:**

- COVID-19: pathophysiology and policies
- Atrial fibrillation
- Hypertension guidelines
- Cancer screening and prevention
- Diabetes management

## **LEARNING OBJECTIVES**

At the conclusion of this conference, participants should be able to:

- Apply ACC/AHA Atrial Fibrillation Performance Measures key points into practice.
- Apply updated key anticoagulation guideline recommendations to aid in the prevention of stroke and the treatment of thromboembolism.
- Evaluate updated guidelines or guidance related to screening and/or informed decision-making about tests for early detection of cancers.
- Employ the current gynecological evidence-based recommendations in practice.
- Discuss the updates in contraceptives for both men and women.
- Discuss oft-missed ECG interpretation to improve cardiovascular care in the family practice setting
- Judge the updated evidence on effectiveness of behavior counseling interventions for preventing Hep B and C.
- Examine common and rarer pathogenesises of ischemic stroke.
- Evaluate multipronged evidence-based approaches to address burnout.
- Examine the clinical management of polypharmacy including overtreatment, undertreatment, adverse effects and competing priorities.
- Evaluate practice guidelines for the management of hypertension in adults.
- Evaluate the latest updates on lipid management to include the different classes of cholesterol-lowering agents and their clinical uses.
- Assess the recommendations for PrEP medical management.
- Discuss how medications for opioid use disorder (MOUDs) are effective interventions for preventing overdose mortality and improving outcomes in patients with OUD.
- Examine the updates to diagnosis and treatment of dermatological conditions commonly seen in primary care.
- Analyze medical issues related to sports and exercise.
- Evaluate the latest evidence-based recommendations for the diagnosis and treatment diabetes.
- Compare current COVID-19 knowledge to the potential explanation of the different symptomatology between children and adults.
- Assess federal and state COVID-19 responses to the spread of the virus.
- Explain the issues PCPs face with their patient population undergoing hemodialysis.

## **CONFERENCE WEBSITE & COURSE MATERIALS**

The course materials, including presentations and webinar recordings will be available on the conference website [ESMS2021.com](https://ESMS2021.com) through **July 14, 2021**.

## CONTENT DISCLAIMER

The views expressed in this activity are those of the faculty. It should not be inferred or assumed that they are expressing the views of any manufacturer of pharmaceuticals or devices, Thomas Jefferson University or the Joint Provider(s). It should be noted that the recommendations made herein with regard to the use of therapeutic agents, varying disease states, and assessments of risk, are based upon a combination of clinical trials, current guidelines, and the clinical practice experience of the participating presenters. The drug selection and dosage information presented in this activity are believed to be accurate. However, participants are urged to consult all available data on products and procedures before using them in clinical practice.

## CODE OF CONDUCT

### **Recording and Photography Strictly Prohibited**

Unauthorized recording or photography is strictly prohibited. Individuals found violating this policy will be asked to leave. No credits or refund will be issued.

## ACCREDITATION



In support of improving patient care, this activity has been planned and implemented by Thomas Jefferson University and University of Delaware.

Thomas Jefferson University is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## DESIGNATION OF CREDITS

**PHYSICIANS:** This educational activity is designated for a maximum of **14.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**NURSES:** This activity awards **14.25 nursing contact hours**.

**OTHER HEALTHCARE PROFESSIONALS:** This educational activity is designated for **14.25 AMA PRA Category 1 Credits™**. Participants should claim only the credit commensurate with the extent of their participation in the activity.

## OTHER CREDITS

The AAFP has reviewed the 44th Annual Eastern Shore Medical Symposium and deemed it acceptable for up to **14.25 Online Only, Live AAFP Prescribed credit**. Term of Approval is from 06/21/2021 to 06/23/2021. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact hours are offered on a session-by-session basis with full attendance required for each session. No contact hours will be offered for breaks.

*Continuing Education (CE) requirements vary by state and often change. It is the responsibility of the registrant for interpreting their state's laws, licensure continuing education requirements, and course relevancy. Before registering for this activity, confirm that it will be acceptable for your license and/or certification renewal.*

*Credit types offered for this activity are noted under the accreditation statement. Any credit types not listed will not be offered and it is the applicant's responsibility to submit their certificate of attendance to their respective accrediting boards for credit, if applicable.*

### **SUCCESSFUL COMPLETION & EVALUATION**

Participants who registered for CE credit are required to complete an online CE evaluation form as part of the education activity.

- An email will be sent to participants on **Wednesday, June 23**.
- Participants have **45 days from the last day of the activity** to complete the required evaluation. Thereafter, no credits will be awarded and no refunds will be issued.

If you do not receive an evaluation email, please check your spam/junk email. Contact Jefferson OCPD immediately if you do not receive an evaluation email notification at [JeffersonCPD@jefferson.edu](mailto:JeffersonCPD@jefferson.edu) or 1-877-JEFF-CPD.

Jefferson strives to offer effective educational activities that meet the needs of healthcare professionals. **To help determine if the activity has made a change to your competence or performance, a subsequent evaluation will be sent approximately 3 months and 6 months from the date of the activity.** We know your time is valuable so the evaluation will be brief. Thank you in advance for your participation and feedback.

### **CE CERTIFICATES**

At any time after you have completed the course and its evaluation, you will be able to find your certificate and a transcript of all your Jefferson-sponsored CE activities. Please login to your CPD@JeffLEARN™ account at <https://cme.jefferson.edu/> navigating first to "My Activities" and then to "Live Credit". There is a help screen on the CPD@JeffLEARN™ home page that can guide you through this process.

Please contact the Jefferson Office of CPD at 1-877-JEFF-CPD or [jeffersoncpd@jefferson.edu](mailto:jeffersoncpd@jefferson.edu) if you have any questions about retrieving your certificate or transcript.

**DISCLOSURE OF SIGNIFICANT RELATIONSHIPS WITH RELEVANT COMMERCIAL COMPANIES & ORGANIZATIONS**

Sidney Kimmel Medical College at Thomas Jefferson University endorses the Standards of the Accreditation Council for Continuing Medical Education and the Guidelines for Commercial Support. Every effort has been made to encourage faculty to disclose any commercial relationships or personal benefit with commercial companies whose products are discussed in the educational presentation. Disclosure of a relationship is not intended to suggest or condone bias in any presentations, but is made to provide participants with information that might be of potential importance to their evaluation of a presentation.

The individual(s) listed below have declared that they have no financial arrangements or affiliations with any corporate organization offering financial support or grant monies for this CME program or with any corporate organization whose product(s) will be discussed in their presentation(s):

Heather Bittner Fagan, MD	Erica Li, MD	Behzad Pavri, MD
Janis Bonat, DNP, CRNP	Mark Mason, PhD	Robert Perkel, MD
Robin Dharia, MD	Geno Merli, MD	Kathryn Trayes, MD
Krys Foster, MD	Marshal Miller, MD	Richard Wender, MD
Christopher Haines, MD	Susan Parks, MD	

Jefferson Continuing Education staff have no relationships to disclose regarding this activity.

All relevant conflicts have been resolved in accordance with Jefferson Policy.

The following individual(s) have declared financial interest(s) and/or affiliations:

Edward Buchanan	
Product/Speakers' Bureau.....	Merck and Co, Inc (Nexplanon Implant)
Stock Shareholder.....	Merck and Co, Inc (Nexplanon Implant)
William Dahms, Jr	
Product/Speakers' Bureau.....	Amgen; Vifor Pharmaceuticals
Emily Hajjar	
Consultant.....	Prime Therapeutics
Other.....	Ethos Cannabis
Deborah Kahal	
Product/Speakers' Bureau.....	Gilead; Viiv
Neil Skolnik	
Grant/Research Support.....	AstraZeneca; Boehringer Ingelheim; Sanofi; GSK; Bayer
Scientific Advisor.....	AstraZeneca; Teva; Lily; Boehringer Ingelheim; Sanofi; GSK; Bayer
Product/Speakers' Bureau.....	AstraZeneca; Lily; Boehringer Ingelheim; GSK; Bayer
James Stein	
Other.....	Lilly, Inc; Silence Therapeutics, LLC

The following individual(s) have indicated that they will/may include discussion of investigational or off-label use of products.

Edward Buchanan  
Marshal Miller

**Thank You to Our Exhibitors for  
their Support!**

***BioTelemetry, Inc. a  
Philips Company***

**Please visit their exhibit booth to chat with  
a representative during the breaks!**

*As of 6/21/2021 - Updates will noted during the symposium*