

A Multidisciplinary Approach to Challenges in Hypertension Management

Friday, June 7, 2019 | 8:00AM to 1:00PM

Dorrance H. Hamilton Building, 1001 Locust Street, Philadelphia, PA 19107

Learner Objectives

At the conclusion of this CME activity, participants will be able to:

- Recognize the history of the definition, diagnosis and management of hypertension in context with past and current guidelines.
- Discuss and identify the child risk factors and relationship of childhood BP to adult BP.
- Identify the importance of out of office blood pressure monitoring.
- Explore and describe the approaches to evaluation and treatment of patients with hypertension and chronic kidney disease.
- Discuss approaches to treatment of resistant hypertension in chronic kidney disease.
- Define and describe the new hypertension targets based on recent clinical practice guideline.
- Manage hypertension appropriately in heart failure with reduced and preserved ejection fraction, as well as, in advanced heart failure patients and learn the importance of blood pressure control in prevention of primary and secondary cardiovascular events.
- Determine which systolic and diastolic blood pressure is too low in challenging patients with ischemic and valvular heart disease.
- Differentiate hypertensive urgency from emergency from a safety and medical legal point of view beyond end-organ damage.
- Recognize and ascertain that therapeutic non-adherence is complex and multifactorial, and a key barrier to reducing CVD deaths.
- Realize that renal denervation remains a potential effective treatment option in patients with non-adherence to medication.
- Assess their individual practice in light of the information and discussions during the conference, and identify specific strategies to implement as part of a continuing improvement process for their practices.