

**Geriatrics & Palliative Care Symposium**  
**April 5, 2019**  
**On the campus of Thomas Jefferson University**

**LEARNING OBJECTIVES**

At the conclusion of this activity, participants should be able to:

- Improve knowledge and application of advanced therapies in geriatric and palliative care patients in order to provide a healthy aging focus for the patient.
- Identify and apply how to best integrate palliative care early into a geriatric patient's illness trajectory.
- Review and be familiar with an interprofessional team structure, communications and issues in geriatrics and palliative care that may arise when dealing as team members for improved patient care.
- Assess current literature and practice recommendations to determine how they impact geriatrics and palliative care practice.
- Discuss and describe chronic opioid non-responsive pain.
- Discuss the ethics of managing pain in geriatric and palliative care patients.
- Describe how to access opioid monitoring resources and improve comfort with opioid risk assessment.
- Explore and consider the facets of ethical dilemmas in the geriatric and palliative care patient setting.
- Examine the risks of high dose opioid use and look at the statistics surrounding morbidity and mortality associated with opioid overdose.
- Reflect and strategize on how to maintain empathy and treat pain appropriately in the midst of the opioid epidemic.
- Identify unique symptoms of imminently dying patients in order to best address palliative treatments and hospice care.
- Identify strategies to reduce family anxiety and subsequent consequences during patient's end of life care.
- Assess one's own approach to care of terminally ill patients and develop a plan to reduce stress and burnout for the provider.
- Implement strategies for short, 'on the fly' teaching moments to trainees from various interdisciplinary professions
- Assess their individual practice in light of the information and discussions during the course, and identify specific strategies to implement as part of a continuing improvement process for their practices.