

***5th Annual Palliative Care Spring Symposium for Interprofessional Healthcare Providers:  
Building Palliative Care Skills Together***

***June 3, 2016***

***Sidney Kimmel Medical College at Thomas Jefferson University***

**Learning Objectives**

At the completion of this course, participants should be able to:

- Discuss complex grief and examine what effective tools are available for bereavement support for adults and children
- Examine cases of potentially inappropriate care at end of life and discuss viable alternatives in treatment
- Analyze difficult and complex ethical scenarios, including withdrawal of advanced life support and futility, to provide a framework for all healthcare providers to discuss complex issues with patients and families
- Identify palliative care options to improve the quality of life for the heart failure patient
- Improve goal directed, aggressive pain management in seriously ill patients
- Analyze and discuss the elements of opioid and adjuvant pain medication selection, dose titration, and side effect management
- Review CMS standards for hospice qualification in various disease states and discuss the practical and financial issues surrounding various levels of hospice care
- Review preventive strategies for avoiding or minimizing secondary traumatization and caregiver burnout
- Assess their individual practices in light of the information and discussions during the course, and identify specific strategies to implement as part of a continuing improvement process for their practices