4th Annual
Sleep Medicine Symposium: What’s New Under the Moon

SPONSORED BY THE JEFFERSON SLEEP DISORDERS CENTER
in collaboration with the Jefferson Departments of:
Psychiatry and Human Behavior
Medicine – Division of Pulmonary and Critical Care Medicine
Otolaryngology – Head & Neck Surgery
Oral & Maxillofacial Surgery
and the
Abington-Jefferson Health Neuroscience Institute Sleep Disorder Center

FEATURED GUEST SPEAKERS

Andrew D. Krystal, MD
Duke University School of Medicine
Durham, NC

Nalaka S. Gooneratne, MD, MSc
Perelman School of Medicine
University of Pennsylvania
Philadelphia, PA

B. Gail Demko, DMD
Sleep Apnea Dentists of New England
Weston, MA

JEFFERSON COURSE DIRECTOR
Karl Doghramji, MD

Friday, November 4, 2016
Jefferson Alumni Hall, on the campus of Thomas Jefferson University
4th Annual Sleep Medicine Symposium:
What’s New Under the Moon

Friday, November 4, 2016 | Jefferson Alumni Hall, 1020 Locust Street, Philadelphia, PA 19107

Key updates on sleep disorders in women and the elderly, insomnia and the use of oral appliances for sleep apnea highlight this year’s symposium.

Witness experts from multiple specialties and disciplines review the most recent research supporting how they manage and treat patients with various sleep disorders.

Using a mix of in-depth presentations, panel discussions and hands-on breakout sessions, this CME conference helps participants apply new knowledge and clinical guidelines into their practices.

**Key Topics Include:**
- Keynote Addresses from Featured Guest Speakers on:
  - Oral Appliances in the Management of Sleep Apnea: Models for the Integration of Dentistry & Sleep Medicine
  - From Bench to Bedside: Management of Insomnia in the 21st Century
  - Normal and Abnormal Sleep in Older Adults: Evaluation & Treatment Options
  - Sleep Disorders in Women
- Fatigue and Daytime Sleepiness: Distinctions, Interactions, & Treatments
- Targeting Upper Airway Neuromuscular Function: A Novel Mechanism in the Treatment of Obstructive Sleep Apnea
- Sleep Disorders and Cardiovascular Disease
- Hospital Sleep Medicine: The Complex Array of Interactions Between Sleep, Heart, and Lung Disease
- The Application of Non-Invasive Ventilation in Sleep Disordered Breathing

Choose From 3 Breakout Sessions:
- Surgical Procedures and Oral Appliances for the Treatments of Sleep Apnea: The Jefferson Experience
- Hands-On: Non-Invasive Ventilation, CPAP, BiPAP, APAP, AVAPS
- Hands-On: Home Sleep Testing in Sleep Medicine

**Target Audience:** Healthcare professionals specializing in sleep medicine, primary care, internal medicine, pulmonary/critical care medicine, neurology, psychiatry, cardiology, anesthesiology, otolaryngology, geriatrics, and dentistry.

**ACCREDITATION INFORMATION**

**PHYSICIANS:** Sidney Kimmel Medical College at Thomas Jefferson University is accredited by the ACCME to provide continuing medical education for physicians. Sidney Kimmel Medical College designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**AMERICAN ACADEMY OF FAMILY PHYSICIANS (AAFP):** Application has for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**NURSES/NURSE PRACTITIONERS:** This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to 6.75 contact hours of accredited education.

**DENTISTS/DENTAL HYGIENISTS:** Jefferson is recognized by the PA State Board of Dentistry as a program sponsor for CDE (Subchapter F, Section 33.403). Participants are responsible for appropriate documentation of relevant credit earned.

**PHYSICIAN ASSISTANTS:** The American Academy of Physician Assistants accepts AMA PRA Category 1 Credits™ (www.aapa.org).

**SLEEP TECHNOLOGISTS:** AAST CEC Program Application has been submitted for approval.

**RESPIRATORY THERAPISTS:** Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours for respiratory therapists.

To register online, or for more information, please visit CME.Jefferson.edu or call 1-888-JEFF-CME